CVS HEALTH – 11.21.2025

Quick recap

The group then discussed preparations for an upcoming presentation to IT students about CVS Health's internship and entry-level job opportunities, including introductions and roles for various team members. The presentation covered CVS Health's vision for transforming healthcare in the United States through their integrated services, followed by details about their internship program, career opportunities, and measures of success in technology initiatives.

Summary

IT Student Presentation Planning Meeting

The meeting discussed preparations for an upcoming presentation to IT students, where CVS Health representatives will share information about internship and entry-level job opportunities. Charles was assigned to do introductions, and Alan and Bethany will lead the presentation, with Amy Louise managing the deck. Anthony mentioned expanding his role to include biomedical engineering students starting in January and suggested the possibility of two presentations next semester. The group also discussed homework deadlines, with late assignments due after the holidays, and internship agreement forms to be submitted immediately.

CVS Health: Simplifying Healthcare Security

Alan Rosa, the Senior VP and Chief Information Security Officer at CVS Health, introduced the company's focus on simplifying healthcare and highlighted its values, including safety, quality, and compassion. He discussed the challenges in protecting health data and the diverse range of problems the company aims to solve in the healthcare and technology sectors. Bethany Gillen, who leads university and strategic partnerships at CVS Health, introduced herself and outlined her role in talent acquisition, emphasizing the company's commitment to emerging talent and the opportunities available for students.

CVS Health's Healthcare Transformation Vision

CVS Health presented their vision to transform healthcare in the United States by providing accessible and affordable care through their integrated healthcare benefits, pharmacy services, and healthcare delivery businesses. They highlighted their Care Paths program and Health Savings Advisor Program as examples of how they use data to anticipate member needs and provide personalized digital resources. Bethany shared that CVS Health is a Fortune 5 company and serves over 185 million people, offering a full spectrum of healthcare services through various businesses including MinuteClinic's, Oak Street Health Clinics, and Aetna. The company aims to become America's most trusted healthcare company by leveraging technology to simplify healthcare and improve health outcomes for consumers.

CVS Health's Healthcare Integration Ambition

Alan discussed CVS Health's unique position as the last publicly traded large distribution pharmacy company and its vertical integration across retail, healthcare benefits, and pharmacy benefits. He highlighted the company's reach, serving 185 million people, and its commitment to expanding its

services to underserved communities. Alan also explained CVS Health's investment in AI and its ambition to create a "super app" that would consolidate various healthcare services into a seamless, predictive, and personalized experience. He emphasized the company's goal to become a leader in preventive healthcare and to eventually expand its platform to include other healthcare providers.

AI-Driven Healthcare and Career Opportunities

Alan discussed the complexity of managing multiple healthcare benefits through different apps and systems, emphasizing the need for a frictionless solution to improve customer experience. He highlighted CVS Health's use of AI to reduce administrative burdens for nurses, allowing them to spend more time with patients. Bethany introduced various career opportunities at CVS Health, including internships, externships, and mentorship programs, encouraging students to join their talent community for updates on job openings. Anthony mentioned that students are well-prepared for the roles, having experience with Python, Java, Tableau, Power BI, and cloud technologies.

Internship Program Hybrid Work Model

The meeting discussed the company's internship program, focusing on hub locations and work arrangements. Bethany explained that interns work in a hybrid model, with a few days in the office and a few days remote and are provided with relocation stipends and housing resources. She highlighted the unique aspect of the program, where interns from various business lines come together in Hartford mid-program to build their network. The internship dates were confirmed to be from May 27th to August 7th, with a 10-week duration, and Dave encouraged students to check the career site for specific locations and requirements.

Internship Opportunities at CVS

Alan discussed the types of projects student interns would work on at CVS, focusing on data analysis, AI development, and cybersecurity tasks. He explained that interns would stay within one group for the duration of the 10-week internship but could experience different assignments. Alan emphasized the importance of curiosity, seeking feedback, asking questions, and building relationships for interns to thrive at CVS. He also mentioned that interns would be eligible for employee discounts and other benefits.

CVS Health Tech Success Metrics

Alan discussed how CVS Health measures success of technology initiatives through different metrics like ROI, risk valuation, and reputational capital. He emphasized that in tech, professionals need to continuously reinvent themselves every 24-36 months, prioritize skill over experience, maintain curiosity and perpetual learning, and expect long hours and a focus on keeping essential applications like Microsoft Outlook functioning smoothly.

Intern Advice and Research Updates

The meeting focused on intern advice and research updates. Anthony discussed ongoing research in IT and operational technology, including an algorithm for high-speed data transmission and the

use of P4 programming. He expressed interest in collaborating with Alan's organization on operational technology projects in healthcare settings.